



Town of Oxford

## A New Benefit for our health plan members



# Lasting Weight Loss Solutions Personalized For You!

A scientifically proven, sustainable lifestyle solution that includes:

- ✓ Access to \$0 copay medications that help you lose weight
- ✓ Support on your weight loss journey with a personal Health & Well-being Coach
- ✓ Nutritional guidance and healthy eating options that fit you
- ✓ Free, connected weight scale and app to help you track and manage your goals (a \$250 value)
- ✓ Reminders and ongoing encouragement to keep you on track and minimize weight re-gain
- ✓ Pharmacist support to guide safe and appropriate medication options for you to discuss with your doctor

The **Good Health Gateway**® Healthy Weight Program is a free benefit that allows participants to get up to 12 free fills of Wegovy® or Zepbound® along with personalized support to achieve and maintain a healthy weight. You and your family members ages 18 and over who are enrolled in an active Town of Oxford health plan are eligible to join the program at any time if your healthcare provider has determined you have a weight-related health condition such as obesity.

**To enroll**, download the FREE **GHG Healthy Weight** app from Google Play or the App Store. You will need to answer some questions in the app and talk to your doctor to determine if this benefit is right for you. **Participation is voluntary and confidential.**

Call **Good Health Gateway** Member Services at **800.643.8028** if you have questions.

Google Play



App Store

